

**Radiology Associates of Regina Medical P.C. Inc.**  
**6-2727 Parliament Ave**  
**Regina, Saskatchewan**  
**779-1500**

**Ultrasound preparations:**

**Abdominal:** adults- nothing by mouth for 8 hours before the test. No smoking.  
0-3 yrs old-fast for 4 hours before the test  
4-10 yrs old-fast for 6 hours before the test  
11 and older-fast for 8 hours before the test

Medications may be taken with a sip of water if necessary.  
Book diabetic patients in early morning slots.

**Aorta for aneurysm:** nothing by mouth for 8 hrs before the test.

**Pelvic:** adults-finish drinking 1 litre of water one hour before the test and do not empty bladder.

0-3 yrs-encourage child to drink 8-12 ounces 1 hour prior to the test.

4-13- encourage child to drink 12-20 oz 1 hour prior to the test and do not empty bladder.

13 and older- 20-32 oz prior to the test and do not empty the bladder.

**Abd/Pelvic:** nothing to eat or drink except for 1 litre of water finished one hour before the test and do not empty the bladder.

**Renal:** adults-finish drinking 24-32 oz. water one hour before the test and do not empty bladder

Children- same prep as for pelvic.

**Pyloric stenosis:** fasting 3 to 4 hours before the test. Bring bottle of water for baby if possible.

**Baby hips:** fasting for 3 hours before the test. Bring bottle of formula or expressed milk for use during the test if possible.

**Baby spine:** Bring bottle of formula or expressed milk for use during the test.

**Obstetrics:**

**5-14 weeks-** empty the bladder 2 hours before the test. One hour before the test, finish drinking 1 litre of water and do not empty the bladder.

**Nuchal translucency:** empty the bladder 2 hours before the test. One hour before the test, finish drinking 1 litre of water and do not empty the bladder.

Doctor's office must send signed consent form along with requisition.

**14-16 weeks-** finish drinking ½ litre of water one hour before the test and do not empty bladder.

**Over 17 weeks** no prep is required.

**Over 28 weeks:** Mother should have a light snack 30 minutes before the exam.

**Please insure that your patient has received the proper preparation for their test.**